

Vision Map

Use this exercise to explore possible new futures. A quick documentation of the Current State allows reflection on what might need to change, and a deeper envisioning of the Future State allows dreaming without constraints. The Bridge then begins to anchor the dream with possible actions to realize it.

1 Divide the page or whiteboard into three sections. Label the top of the sections with Current State, Bridge, and Future State. If there are multiple participants, begin by having each one complete the exercise individually on their own page.	CURRENT STATE What does our world look like today?	BRIDGE What steps do we need to take to get there? 1 2 3 4 5 1 2 3 4 5	FUTURE STATE What do we want our world to look like tomorrow?
2 Invite participants to describe or sketch their Current State — what does their world or scenario look like today?			
3 Then invite the participants to describe or sketch their desired Future State — what do they want their world or scenario to look like in the future?			
4 With both states clearly envisioned, ask the participants to complete the Bridge section by identifying specific actions that could be taken or things that would need to change in order for the Future State to be realized.			
5 If there are multiple participants, have each share their vision with the group, and then discuss similarities and differences, and identify common themes. These themes become “common ground” for further exploration.			